



THE INTERNSHIP GUIDEBOOK

Cultivating servant leadership and identity through Christ's **Love. Simple.**

A Lifestyle of Learning

The study component of the Internship.

Reading both scripture and a spiritual discipline handbook together and living them out.

Learning. Spiritual Discipline Study Curriculum and Practice

Discussion

Each week we will gather together to discuss, study, and pray. During this time we will interact with the week's discipline, reading, and scripture. We will also chart our course of ministry.

Discipline

Each week we will practice one or more spiritual disciplines. Some of them may be new or unfamiliar, but we will learn together the rhythms of the spiritual life. All of these are not ends to themselves, but merely intentional steps towards focusing on God.

Reading

Using Foster's *Celebration of Discipline* as the backbone of our studies, we will read supplemental excerpts of other books on topics such as spiritual life, prayer, and leadership. The supplemental materials will be on our non-linked website. You have to type this in: **theheart.us/interns** and each reading will be labeled by week and author.

Bonhoeffer, Dietrich. *The Prayerbook of the Bible*. 8th Edition. Bad Salzungen, Germany: Verlag für Missions- und Bible-Kunde, 1966.

Fee, Gordon and Stuart, Douglass. *How to Read the Bible for All Its Worth*. 4th Edition. Grand Rapids, MI: Zondervan, 2014.

Foster, Richard. *Celebration of Discipline*. 3rd Edition. New York, NY: HarperCollins, 1998.

Gaultiere, Bill. *Your Best Life in Jesus' Easy Yoke*. 2016.

Laniak, Timothy. *While Shepherds Watch Their Flocks*. China: ShepherdLeader Publications, 2013.

Peterson, Eugene. *A Long Obedience in the Same Direction*. 2nd Edition. Downer's Grove, IL: InterVarsity Press, 2000.

Peterson, Eugene. *Under the Unpredictable Plant*. Grand Rapids, MI: Eerdmans, 1992.

Scripture

We will ground ourselves in scripture predominantly in Psalms and 1 Corinthians during these 13 weeks.

Learning. Course of Study

First day / week of Aug 25 / Orientation

The Inner Life of a Servant Leader // Weeks 1-3

Week 1 / starts Sep 1 / Spiritual Walk Ahead and Together

Week 2 / starts Sep 8 / Prayer Language, Self-Denial, and the “The Canyon Trail”

Week 3 / starts Sep 15 / Exegesis and Hermeneutics

The Outer Life of a Servant Leader // Weeks 4-7

Week 4 / starts Sep 22 / Why Simple?

Week 5 / starts Sep 29 / Retreating to Love

Week 6 / starts Oct 6 / Submitting in Love

Week 7 / starts Oct 13 / Love in Action

The Community Life of a Servant Leader // Weeks 8-12

Week 8 / starts Oct 20 / Into the Light

Week 9 / starts Oct 27 / Living Worshipfully

Week 10 / starts Nov 3 / Shepherd Presence

Week 11 / starts Nov 10 / The Aim of Things

Week 12 / starts Nov 17 / Rest

The Rest of Servant Leadership // Week 13

Week 13 / starts Nov 24 / Reflection

Last day / week of Dec 1 / Celebration

Our Rhythms

up. Weekly practice of spiritual disciplines.

in. Weekly meetings on Monday evenings @ 5:30-8pm @ theHardin’s, theOffice, or at the residence of our guest discussion leader. Weekly meetings may to adapt around other church happenings on occasion.

out. Weekly communications, networking, and meeting for service opportunities. Weekly service on Sunday mornings, Wednesday nights, or other opportunities.

The Inner Life of a Servant Leader // Weeks 1-3

Communicating with God is vital, especially for spiritual leaders. The first three weeks we will be focused on cultivating our spiritual life, putting ourselves in the presence of God and making space for him to form and reform us. The Psalms will be our guide into the inner life of a Christ follower.

Week 1 / starts Sep 1 / Spiritual Walk Ahead and Together

Discussion: We will introduce you further to the vision of the Internship and discuss and pray together about what God is doing through this.

Discipline > Meditation

Reading > Foster 1-2, Peterson "The School of the Psalms"

Scripture > Psalms of your choice

Week 2 / starts Sep 8 / Prayer Language, Self-Denial, & "The Canyon Trail"

Discussion: You will be introduced to a healthy image of the spiritual life and acquaint yourselves with the idea of spiritual disciplines. Your studies will take you to consider further the Psalms as a place to root your spiritual discipline.

Discipline > Prayer and Fasting

Reading > Foster 3-4, Bonhoeffer excerpt "Praying the Psalms", Bible Project video

Scripture > Psalms 35, 69

Week 3 / starts Sep 15 / Exegesis and Hermeneutics

Discussion: We will explore how to study the bible. You will be presented with useful ways to further understand God's Word.

Discipline > Study

Reading > Foster 5, Gordon and Fee "The Need to Interpret"

Scripture > Psalm 1

The Outer Life of a Servant Leader // Weeks 4-7

How we relate to our environment and others is important in our spiritual life. For four weeks we will focus on finding balance, rhythm, and discipline as we seek to serve, lead, and love. Paul's first epistle to the Corinthians will be our guide as we seek to live like Christ with one another and the world around us.

Week 4 / starts Sep 22 / **Why Simple?**

Discussion: Jason will discuss theHeart's vision of simplicity and its implications in spirituality.

Discipline > Simplicity

Reading > Foster 6

Scripture > 1 Corinthians 1-8

Week 5 / starts Sep 29 / **Retreating to Love**

Discussion: Jerome, executive coach, spiritual director, and former pastor, will discuss the need and practice of retreat.

Discipline > Solitude, Gaultiere "Jesus' Rhythm of Life"

Reading > Foster 7

Scripture > 1 Corinthians 8-16

Week 6 / starts Oct 6 / **Submitting in Love**

Discussion: We will see how the economy of the leadership and love is downward. We will learn from Paul "the most excellent way". We will also see how our view of the aim of things will sculpt our here and now.

Discipline > Submission

Reading > Foster 8, Hardin "Inaugurated Eschatology and Ethics"

Scripture > Reread 1 Corinthians as a whole

Week 7 / starts Oct 13 / **Love in Action**

Discussion: Josh will discuss the Jesus' life of service, leadership redefined.

Discipline > Service

Reading > Foster 9, Peterson "Humility", Peterson "List"

Scripture > Reread 1 Corinthians 11-14

The Community Life of a Servant Leader // Weeks 8-12

All of the spiritual life culminates in what we do together. During the last weeks of the journey we will explore community life and leadership.

Week 8 / starts Oct 27 / Into the Light

Discussion: We will talk about the need of transparency in church life.

Discipline > Confession

Reading > Foster 10, Peterson "Community", Laniak "Lost and Found",

Scripture > Psalm 120-125, Ephesians 4:17-5:21

Week 9 / starts Nov 3 / Living Worshipfully

Discussion: Erin will discuss what it means to lead worship.

Discipline > Worship

Reading > Foster 11, Laniak "Feed My Sheep",

Scripture > Psalm 126-131

Week 10 / starts Nov 10 / Shepherd Presence

Discussion: Graham will discuss God's leadership through the church family.

Discipline > Guidance

Reading > Foster 12, Laniak "Midwives and Nurses" and "The Staff"

Scripture > Psalm 23, 90, 132-134

Week 11 / starts Nov 17 / The Aim of Things

Discussion: We will discuss the celebratory nature of the life of faith.

Discipline > Celebration

Reading > Foster 13

Scripture > Psalm 113-118

Week 12 / starts Nov 24 / Rest

Discussion: We will talk about God's design and direction of rest.

Discipline > Rest

Reading > Laniak "Satisfaction and Restoration"

Scripture > Genesis 1-2, Exodus 20:8, Leviticus 25:1-26:13, Deuteronomy 5:12

Week 13 / starts Dec 1 / Reflection – Write about your experience

A Lifestyle of Serving

The service component of the Internship.

Doing life together in the church and connecting with one another through loving service.

Serving. Serving God and Each Other Together

The ministry projects of the Internship are designed to create a diverse experience. Some projects are planned for your development. Some projects you get to speak into, create, and coordinate. Some projects simply involve connecting deeper with the church. Ministry is about people and God, so let these projects stir your faith and your community to love.

Stage Time

Introduction / Sep 8*

Acknowledgment / Dec 1*

Announcement / Sometimes we ask interns to make announcements

*estimated dates, subject to change

Alongsides

These engagement opportunities are on your time. Most of these will take place on Sunday mornings. Each area of shadowing should be done twice. 10 of the 12 weeks will require one of these service opportunities. Diversify your experience.

Worship Team / Serve with stage crew, shadow the sound and projection teams

Welcome Team / Volunteer and welcome our family

Kids Ministry / Volunteer in your area of interest or the area needed that week

Youth Group / Volunteer at our weekly youth gathering

Small Group / Try a new small group

Prayer Team / Attend to response after the Gatherings with the prayer team

Hospital Visitation / Join in efforts to encourage those among us in the hospital

Leadership / Attend a staff or MLT meeting, social outing with staff or MLT folk

Events

These are event opportunities that will be both group and personal initiatives.

Team Project

We will have the opportunity to come alongside Love in Action or another initiative.

yourHeart Project

We will begin sketching, planning, and implementing the yourHeart project throughout.

Serving. Course of Service

Service Log

Orientation

Week 1

Introduction

Alongside _____

Week 2

Alongside _____

Week 3

Alongside _____

Week 4

Alongside _____

Week 5

Alongside _____

Week 6

Alongside _____

Week 7

Alongside _____

Week 8

Alongside _____

Week 9

Alongside _____

Week 10

Alongside _____

Week 11

Alongside _____

Week 12

Alongside _____

Week 13

Acknowledgment

Alongside _____

PROJECT NOTES:

Alongsides at-a-Glance

Worship Team / Stage Crew, Sound Team, Projection Team, Band

SUNDAYS 7:30am-1:00pm

Come early to the high school (7:30am) and set up with the Stage Crew. Help the Band get set up. Spend time in the booth with Sound Team and Projection Team. Tear down after the 11am.

Welcome Team / 9am Gathering Welcome Team, 11am Gathering Welcome Team

SUNDAYS 8:00am-10:15am / 10:15am-1:00pm

Come early to the high school (8:00am for 9am Team, 10:00am for 11am Team) and set up the welcome station. Greet, meet, and give information to the people coming to worship. Be an usher.

Kids Ministry / Nursery, Check-In, Teaching, Creation, Play Teams

SUNDAYS 8:15am-10:30am / 10:15am-1:00pm

Come early to the high school (8:15am for 9am Teams, 10:15am for 11am Teams) and volunteer with one of the 5 Kids Ministry Teams: care for babies, greet parents, teach-create-play with kids.

Youth Group / Youth Ministry Team

WEDNESDAYS 5:30pm-8:00pm

Join our weekly youth group on Wednesday nights. Arrive at 5:30pm to meeting the volunteers. Join in the class discussion and small group time. Build relationships with youth. Clean up.

Spiritual Formation Group / Various Small Groups at various times and locations

VARIOUS TIMES / PICK ONE

Talk to Graham and go to theheart.us/groups to find information about where each group meets and when. Visit one and be a part of their community that evening. Make connections.

Prayer Team / Prayer Team

SUNDAYS 9:00am-10:15am / 10:15am-12:30pm / AS AVAILABLE

Reach out to shadow along with the team during a Gatherings' response time. Join in the rhythm of the Prayer Team's response to our church family and shadow them.

Hospital Visitation / Hospital Visitation Team

VARIOUS TIMES / AS AVAILABLE

Join in when the opportunity is there with this effort by the Relational Care Team. Tag along with the visit to be an encouragement to the team and the hospital-bound brother or sister.

Leadership Meetings / Staff Time, MLT Meetings, other opportunities

MONDAYS 2:00pm-3:30pm / MONTHLY MEETINGS TBD / AS AVAILABLE

Weekly staff meetings are an open invite. MLT meetings happen routinely but less frequently: inquire about timing and nature of meeting as available. Meet with a staff member: grow together.

CONTACTS

Key Contacts for Alongsides

Worship Team / Stage Crew, Sound Team, Projection Team, Band

Scott Banks: scott.banks20@gmail.com, (910) 624-3671

Ray Edmonds: rjedmonds88@gmail.com, (828) 406-1596

Welcome Team / 9am Gathering Welcome Team, 11am Gathering Welcome Team

9am Richard Campbell: j.richard.campbell@gmail.com, (828) 773-2727

11am Taylor Campbell*: campbelltayb@gmail.com, (704) 858-4288

Kids Ministry / Nursery, Check-In, Teaching, Creation, Play Teams

Ethan Hardin: ethan.hardin@theheart.us, (828) 808-6576

Youth Group / Youth Ministry Team

Ethan Hardin: ethan.hardin@theheart.us, (828) 808-6576

Spiritual Formation Groups / Various groups at various times and locations

Graham Aitken: graham.aitken@theheart.us, (828) 434-8967

Prayer Team / Prayer Team

Cory Kheen: cory.keehn@cru.org, (785) 305-0354

Hospital Visitation / Hospital Visitation Team

Garret & Hannah Williams: garret.d.williams@gmail.com, (828) 773-5247

Leadership Meetings / Staff Time, MLT Meetings, other opportunities

Ethan Hardin: ethan.hardin@theheart.us, (828) 808-6576

Staff Contacts

Teaching/Vision Pastor: Jason English / jason.english@theheart.us

Community Life Pastor: Josh Anderson / josh.anderson@theheart.us

Relational Care Pastor: Graham Aitken / graham.aitken@theheart.us

Worship Director: Erin Deuel / erin.deuel@theheart.us

Ministry Support Director: Terri Miller / terri@theheart.us

Next Generations Director, Internship Supervisor: Ethan Hardin / ethan.hardin@theheart.us